




July



2018

Summer Activity-a-Day

Early Learning Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>1</p>					<p>Free Choice Day</p> <p>(Idea: Visit a local petting zoo)</p>	
<p>1</p>	<p>2</p> <p>Language Activity: Independence Day. Have a BBQ or picnic with your family and friends; enjoy the fireworks tonight.</p>	<p>3</p> <p>Physical Exercise: As soon as you get up today-do 10 jumps, 10 reaches, 10 twists, and 10 crazy moves.</p>	 <p>4</p> <p>OT/PT: Using hands, dig for buried "treasures" in sand or dirt. Literacy: Write a list of objects found in the sand or dirt.</p>	<p>5</p> <p>Language Activity: Play Hide & Seek; take turns hiding and finding each other; count to 10; talk about where you found people hiding.</p>	<p>6</p> <p>Free Choice Day</p> <p>(Idea: Field trip to a museum)</p>	<p>7</p>
<p>8</p>	<p>9</p> <p>Literacy: Visit the library. Select some books and music. Art: Finger paint with pudding. Yum!</p>	<p>10</p> <p>OT/PT: Paint the outside of the house with water, using a large paintbrush and/or a roller.</p>	<p>11</p> <p>Music: Teach your child the song, "The Wheels On The Bus." Numbers: Count all the doors in your house.</p>	<p>12</p> <p>Colors: Go on a bug hunt. How many colors of bugs did you find? Science: Look for worms to observe.</p>	<p>13</p> <p>Free Choice Day</p> <p>(Idea: Visit a local Farmer's Market)</p>	<p>14</p>
<p>15</p>	<p>16</p> <p>Literacy: Read a book just by using/looking at the pictures. Movement: Teach your child the "Hokey Pokey."</p>	<p>17</p> <p>OT/PT: Roll balls to knock down objects such as empty plastic water bottles.</p>	<p>18</p> <p>Language Activity: Call someone on the phone; have mom/dad dial the phone and talk to a friends/family about your summer.</p>	<p>19</p> <p>OT/PT: Wet sand and smooth flat. Draw or write in it with a stick or finger.</p>	<p>20</p> <p>Free Choice</p> <p>(Idea: Visit a local beach)</p>	 <p>21</p>
<p>22</p>	<p>23</p> <p>OT/PT: Load books in a backpack to take to or from library. Language Activity: Play Simon Says.</p>	<p>24</p> <p>Literacy: Read a book and look for the letter "M" in it. How many can you find?</p>	<p>25</p> <p>OT/PT: Pour water/sand to and from various size containers.</p>	<p>26</p> <p>Literacy: Dictate a story about an animal and have a grown up write it down.</p>	<p>27</p> <p>Free Choice</p> <p>(Idea: Watch a kids movie)</p>	<p>28</p>
<p>29</p>	<p>30</p> <p>OT/PT: Carry groceries from the store in a backpack. Music: Sing a song about summer.</p>	<p>Math: Go on a walk. Count the number of cars or birds you see. OT/PT: Blow bubbles and chase them around the yard.</p>				